



The Cat Who Cried for Help: Attitudes, Emotions, and the Psychology of Cats

By Nicholas Dodman

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In this groundbreaking book, Dr. Nicholas Dodman does for feline psychology what he did for canines in his widely acclaimed *The Dog Who Loved Too Much*. Here he reveals the fascinating, and often frustrating, mind of one of our most popular--and certainly most independent--animal companions, and shows how we can coexist peacefully with even the stubbornest of cats.

What do you do about a cat determined to tear your sofa to shreds? Or one who gorges himself on your best running shoes . . . or attacks anyone who dares to open the refrigerator door? Drawing on remarkable real-life stories from his practice at the prestigious Tufts University School of Veterinary Medicine, Dr. Dodman shares the unique, compassionate, dramatically successful treatment programs that have given problem cats a new lease on life . . . and their perplexed owners long-term solutions to even the most intractable disorders.

As any cat owner knows, changing a cat's behavior can seem like an impossible task. But contrary to popular belief, cats can be trained and cured of irritating habits and undesirable behaviors. *The Cat Who Cried for Help* shows how minor adjustments in diet, exercise regimen, and environment can effect dramatic breakthroughs in resolving almost any feline problem. From cat panic attacks to eating disorders, from litterbox aversion to depression and a wide range of feline phobias, Dr. Dodman has successfully treated and resolved these and many other heretofore untreatable behaviors.

Inside, you'll meet Ashley, the boss-cat who literally bites the hand that feeds him; Jonathan, the binge-eater; Rubles, the Abyssinian Jekyll and Hyde, pussycat one minute, man-eating tiger the next; and Thomas, the cat who cried for help--a little too loudly. Dr. Dodman's techniques are based on the most up-to-date research in pharmacology and feline behaviorism. Yet the primary objective of his treatments is to respect and protect the qualities of independence and dignity fundamental to a cat's nature.

Including descriptions of symptoms, treatment options, and tips on prevention, *The Cat Who Cried for Help* provides everything you need to know to ensure

both you and your feline friend a long, happy, and healthy relationship. If you've ever wanted to better understand the nature of this mysterious, enigmatic, and fascinating creature, Dr. Dodman's book provides a penetrating look into the intriguing and intricate world of the cat in your life.

From the Hardcover edition.

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Editorial Review

Amazon.com Review

Dr. Nicholas Dodman, professor of behavioral pharmacology at Tufts University School of Veterinary Medicine and director of the Behavior Clinic, turns his attention to our feline friends and their mysterious minds in *The Cat Who Cried for Help*. Similar to Dodman's discussion of dog behavioral problems in his popular first book, *The Dog Who Loved Too Much*, *The Cat Who Cried for Help* examines aggravating cat habits and undesirable behavior, and shows how modifications in such areas as diet, exercise, and environment cause remarkable improvements in the majority of problem cats. Divided into three sections, Dodman first tackles aggressive behavior, followed by emotional behavior, and compulsive cats. With examples from his own practice, Dodman intelligently communicates symptoms, treatment options, and helpful tips for prevention. Vital to his treatment is maintaining the cat's dignified and independent nature, an objective sure to please those cat owners irritated by certain kitty traits but concerned first and foremost for the health and well-being of their cats. Praised by author Elizabeth Marshall Thomas as "a thoughtful and creative approach to changing detrimental behavior," *The Cat Who Cried for Help* is perfect for cat owners interested in better understanding their fascinating feline.

From Library Journal

Every year millions of cats are euthanized because their owners are no longer able to cope with their behaviors. An innovative leader in the treatment of domestic animal behavior who holds three patents for pharmacological solutions to such problems, Dodman (director, Animal Behavior Clinic, Tufts Univ. Sch. of Veterinary Medicine) demonstrates how even some of the most difficult behaviors can be changed by using a combination of behavior modification and in some cases drug therapies. He discusses three main types of problems in cats: aggression; emotional behaviors such as inappropriate elimination, excessive vocalization, and clawing on furniture; and compulsive behaviors such as hair pulling. Cat owners will welcome Dodman's sound advice and may find here the clues to better understanding their feline companions. Like its predecessor, *The Dog Who Loved Too Much* (LJ 2/1/96), this book is highly recommended for its clarity, practicality, and genuine concern of the author. —Edell Marie Schaefer, Brookfield P.L., Wis.
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Review

"A wonderful and splendid follow-up to *The Dog Who Loved Too Much*, *The Cat Who Cried for Help* presents a thoughtful and creative approach to changing detrimental behavior in animals who depend on our goodwill. . . . I love Dr. Dodman's work!"

--Elizabeth Marshall Thomas, author of *The Tribe of Tiger* and *The Hidden Life of Dogs*

"I applaud Dr. Dodman's approach. His book establishes a new frontier for the veterinary profession and is essential reading for all who live with cats."

--Dr. Michael W. Fox, author of *Understanding Your Cat* and vice president of The Humane Society of the United States

"*The Cat Who Cried for Help* is an interesting and timely book."

--Bruce Fogle, D.V.M., M.R.C.V.S., author of *The Cat's Mind* and *Encyclopedia of the Cat*

"There's a new pet savior in town--Dr. Nicholas Dodman brings the same wisdom, warmth, and miracle working to cats that pet lovers cheered in *The Dog Who Loved Too Much*. Every pet owner who loves their

cat should buy this book."

--Michael Capuzzo, author of *Wild Things* and *Mutts: America's Dogs*

"*The Cat Who Cried for Help* is a fine addition to any animal lover's library, but a must for cat lovers."

--Betty White

From the Hardcover edition.

Users Review

From reader reviews:

Alan Dean:

Reading a guide can be one of a lot of pastime that everyone in the world likes. Do you like reading book so. There are a lot of reasons why people love it. First reading a reserve will give you a lot of new data. When you read a publication you will get new information simply because book is one of numerous ways to share the information or even their idea. Second, reading through a book will make a person more imaginative. When you examining a book especially fiction book the author will bring someone to imagine the story how the character types do it anything. Third, you may share your knowledge to others. When you read this *The Cat Who Cried for Help: Attitudes, Emotions, and the Psychology of Cats*, you can tells your family, friends along with soon about yours book. Your knowledge can inspire different ones, make them reading a e-book.

James Sanchez:

This *The Cat Who Cried for Help: Attitudes, Emotions, and the Psychology of Cats* is great guide for you because the content which can be full of information for you who always deal with world and get to make decision every minute. This particular book reveal it info accurately using great arrange word or we can point out no rambling sentences inside it. So if you are read that hurriedly you can have whole details in it. Doesn't mean it only offers you straight forward sentences but challenging core information with beautiful delivering sentences. Having *The Cat Who Cried for Help: Attitudes, Emotions, and the Psychology of Cats* in your hand like having the world in your arm, details in it is not ridiculous 1. We can say that no book that offer you world within ten or fifteen second right but this reserve already do that. So , this is good reading book. Hey Mr. and Mrs. stressful do you still doubt which?

Alma Young:

The book untitled *The Cat Who Cried for Help: Attitudes, Emotions, and the Psychology of Cats* contain a lot of information on it. The writer explains her idea with easy approach. The language is very simple to implement all the people, so do definitely not worry, you can easy to read the idea. The book was compiled by famous author. The author will bring you in the new time of literary works. You can easily read this book because you can read more your smart phone, or device, so you can read the book inside anywhere and anytime. If you want to buy the e-book, you can open their official web-site and order it. Have a nice examine.

Willie Navarro:

What is your hobby? Have you heard that will question when you got college students? We believe that that problem was given by teacher to the students. Many kinds of hobby, Everyone has different hobby. So you know that little person like reading or as looking at become their hobby. You need to know that reading is very important as well as book as to be the issue. Book is important thing to incorporate you knowledge, except your own personal teacher or lecturer. You get good news or update about something by book. Numerous books that can you choose to adopt be your object. One of them is this The Cat Who Cried for Help: Attitudes, Emotions, and the Psychology of Cats.

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