



## Spiritual Disciplines for the Christian Life Study Guide

By Donald S. Whitney

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**Spiritual Disciplines for the Christian Life Study Guide** By Donald S. Whitney

This updated companion guide to *Spiritual Disciplines for the Christian Life* (see description below) takes you through a carefully selected array of disciplines that will help you grow in godliness. Ideal for personal or small-group use.

Drawn from a rich heritage, *Spiritual Disciplines for the Christian Life* will guide you through a carefully selected array of disciplines. By illustrating why the disciplines are important, showing how each one will help you grow in godliness, and offering practical suggestions for cultivating them, *Spiritual Disciplines for the Christian Life* will provide you with a refreshing opportunity to become more like Christ and grow in character and maturity. Now updated and revised to equip a new generation of readers, this anniversary edition features in-depth discussions on each of the key disciplines.

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## **Spiritual Disciplines for the Christian Life Study Guide By Donald S. Whitney Bibliography**

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## **Editorial Review**

From the Back Cover

### **About the Author**

**DON WHITNEY** has been Professor of Biblical spirituality and Associate Dean at The Southern Baptist Theological Seminary in Louisville, KY, since 2005. Before that, he held a similar position (the first such position in the six Southern Baptist seminaries) at Midwestern Baptist Theological Seminary in Kansas City, MO, for 10 years. He is the founder and president of The Center for Biblical Spirituality. Don is a frequent speaker in churches, retreats, and conferences in the U.S. and abroad.

Don grew up in Osceola, AR, where he came to believe in Jesus Christ as Lord and Savior. After graduating from Arkansas State, Don planned to finish law school and pursue a career in sportscasting. While at the University of Arkansas School of Law, he sensed God's call to preach the gospel of Jesus Christ. He then enrolled at Southwestern Baptist Theological Seminary in Fort Worth, TX, graduating with a Master of Divinity degree in 1979. In 1987, Don completed a Doctor of Ministry degree at Trinity Evangelical Divinity School in Deerfield, IL. He earned a PhD in theology at the University of the Free State in Bloemfonteine, South Africa in 2013.

Prior to his ministry as a seminary professor, Don pastored Glenfield Baptist Church in Glen Ellyn, IL (a suburb of Chicago), for almost 15 years. Altogether, he has served local churches in pastoral ministry for 24 years.

He is the author of *Spiritual Disciplines for the Christian Life*, which has a companion *Study Guide*. He has also written *How Can I Be Sure I'm a Christian?*, *Spiritual Disciplines Within the Church*, *Ten Questions to Diagnose Your Spiritual Health*, *Simplify Your Spiritual Life*, and *Family Worship*. His hobby is restoring and using old fountain pens.

Don lives with his wife, Caffy, in their home near Louisville. She teaches classes for seminary wives and is an artist, muralist, and illustrator. The Whitneys are parents of Laurelen.

Don's website is [BiblicalSpirituality.org](http://BiblicalSpirituality.org). He's on Twitter @DonWhitney and on Facebook.

## **Users Review**

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