



The Moneyless Man: A Year of Freeconomic Living

By Mark Boyle

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The Moneyless Man: A Year of Freeconomic Living By Mark Boyle

The astonishing reality of living without our most important resource. Imagine a year without spending any money. Former businessman Mark Boyle did just that and here is his extraordinary and compelling story. Going back to basics and following his own strict rules, Mark learned ingenious ways to eliminate his bills and flourish for free. Encountering seasonal foods, solar panels, skill-swapping schemes, cuttlefish toothpaste, compost toilets and – the unthinkable – a cash-free Christmas, Boyle puts the fun into frugality and offers some great tips for economical (and environmentally friendly) living. Highlighting the huge wastage inherent in modern Western living – we throw away a third of our food – Mark explains how to feed yourself for free with “the four legs of the food-for-free table”. From making paper out of mushrooms and to constructing a rocket stove from discarded catering cans, Mark advocates a return to local economics where we can see the consequences of what we consume. Heart-warming and witty, learn how Mark’s mission affected his relationships. What did his parents think of his crusade? Can you keep a girlfriend when you are moneyless? Do your friends keep in contact when you can’t go out for a beer? A testament to Mark’s astounding determination, this thought-provoking book will make you re-evaluate your relationship to your wallet. Mark Boyle has founded the worldwide ‘freeconomic’ movement. An economics graduate and former business director, he is Irish and lives in Bristol in the UK. His website (justfortheloveofit.org) receives up to 30,000 hits a day and has become a hub for community sharing with over 17,000 members worldwide (many in the US). His story has been reported worldwide and he is an excellent self-publicist. He has been covered in media including: Wall Street Journal, CNN, Huffington Post, New York Metro, BBC World Service, Guardian of London, Sky News, The Times of London, The Star of Canada, La Presse of Canada. Mark is lined up to be interviewed on CNN shortly as The Connector of the Day – a slot which goes out to 300 million people worldwide. He also plans to do a moneyless tour of the US to coincide with publication, where based on previous coverage, he expects major press interest. As he will be hitch-hiking (illegal in the US) and promoting this, he expects more publicity if and when he is arrested.

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The Moneyless Man: A Year of Freeconomic Living By Mark Boyle Bibliography

- Sales Rank: #1025358 in Books
- Published on: 2010-09-01
- Original language: English
- Number of items: 1
- Dimensions: 9.72" h x .88" w x 6.54" l, 1.21 pounds
- Binding: Hardcover
- 224 pages



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Editorial Review

Review

"The fascinating story of an important social experiment, told with humility, insight and great humor. Mark is a brave and big-hearted character whose example is an invitation to all of us to change the way we live – not just because we should, but also because we might enjoy it. Essential" Chris Cleave, New York Times #1 bestselling author of Little Bee

"Intriguing. It makes several very important points. A powerful look not so much into the past as into the future." Bill McKibben, author of Deep Economy: Economics as if the World Mattered

From the Publisher

AUTHOR'S PROCEEDS WILL BE DONATED TO CHARITY TO SET UP THE FIRST REAL FREEECONOMIC COMMUNITY

About the Author

Mark Boyle founded the worldwide “freeconomy” movement. An economics graduate and former businessman, he is Irish and lives in Bristol in the UK. His website (justfortheloveofit.org) has become a hub for community sharing with over 20,000 members worldwide, many in the USA. His remarkable journey has been featured in a variety of media including The Wall Street Journal, CNN, Huffington Post, New York Metro, The Thom Hartmann Program, BBC World Service, The Star of Canada, and many more.

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