



Clara's Kitchen: Wisdom, Memories, and Recipes from the Great Depression

By Clara Cannucciari, Christopher Cannucciari

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Clara's Kitchen: Wisdom, Memories, and Recipes from the Great Depression By Clara Cannucciari, Christopher Cannucciari

YouTube® sensation Clara Cannucciari shares her treasured recipes and commonsense wisdom in a heartwarming remembrance of the Great Depression

Clara Cannucciari is a 94 year-old internet sensation. Her YouTube® Great Depression Cooking videos have an army of devoted followers. In *Clara's Kitchen*, she gives readers words of wisdom to buck up America's spirits, recipes to keep the wolf from the door, and tells her story of growing up during the Great Depression with a tight-knit family and a "pull yourself up by your bootstraps" philosophy of living. In between recipes for pasta with peas, eggplant parmesan, chocolate covered biscotti, and other treats Clara gives readers practical advice on cooking nourishing meals for less. Using lessons she learned during the Great Depression, she writes, for instance, about how to conserve electricity when cooking and how you can stretch a pot of pasta with a handful of lentils. She reminisces about her youth and writes with love about her grandchildren and great-grandchildren. *Clara's Kitchen* takes readers back to a simpler, if not more difficult time, and gives everyone what they need right now: hope for the future and a nice dish of warm pasta from everyone's favorite grandmother, Clara Cannucciari, a woman who knows what's really important in life.

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- Sales Rank: #136933 in eBooks
- Published on: 2009-10-27
- Released on: 2009-10-27
- Format: Kindle eBook



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