



Franz Stampfl on running: sprint, middle distance and distance events

By Franz Stampfl

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Franz Stampfl's record of success in the training of athletes is without parallel. He was the training advisor to Roger Bannister when he became the first man to run the mile in under four minutes, and to Chris Chataway when he ran his epic five thousand meters against Vladimir Kuts and knocked five seconds off the world's best time. Many other world-ranking athletes including Chris Brasher, Ian Boyd, Brian Hewson, Bob Shaw, Peter Hildreth, Victor Milligan, Fred Dwyer (the former American Mile Champion), Jean Desforges and Thelma Hopkins also trained under his direction. Every one of the British gold medalists at the 1954 European Games was trained by him.

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