



Transcending Trauma: Survival, Resilience, and Clinical Implications in Survivor Families (Psychosocial Stress Series)

By Bea Hollander-Goldfein, Nancy Isserman, Jennifer Goldenberg

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Based on twenty years of intense qualitative research, *Transcending Trauma* presents an integrated model of coping and adaptation after trauma that incorporates the best of recent work in the field with the expanded insights offered by Holocaust survivors. In the book's vignettes and interview transcripts, survivors of a broad range of traumas will recognize their own challenges, and mental-health professionals will gain invaluable insight into the dominant themes both of Holocaust survivors and of trauma survivors more generally. Together, the authors and contributors Sheryl Perlmutter Bowen, Hannah Kliger, Lucy Raizman, Juliet Spitzer and Emilie Scherz Passow have transformed qualitative narrative analysis and framed for us a new and profound understanding of survivorship. Their study has illuminated universal aspects of the recovery from trauma, and *Transcending Trauma* makes a vital contribution to our understanding of how survivors find meaning after traumatic events.

Accompanying *Transcending Trauma* is a CD of full-text life histories that documents the survivor experience. In seven comprehensive interviews, survivors paint a picture of life before and after war and trauma: their own feelings, beliefs, and personalities as well as those of their family; their struggles to deal with loss and suffering; and the ways in which their family relationships were able, in some cases, to mediate the transmission of trauma across generations and help the survivors transcend the trauma of their experiences.

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Editorial Review

Review

"Transcending Trauma shows that it is possible to learn even from the most horrific events of the past hundred years. The authors emphasize that trauma always involves survival and that focusing on survival can deepen our understanding of coping and resilience. The result is a magnificent integration of individual, family and cultural perspectives on trauma and resilience." - **Danny Brom, Israel Center for the Treatment of Psychotrauma, Jerusalem, Israel, and coeditor of *Treating Traumatized Children: Risk, Resilience, and Recovery***

"Transcending Trauma changes the way we think about Holocaust survivors?and, indeed, about the human ability to cope with all manner of traumatic experience." - **from the foreword by Charles R. Figley, PhD, the Paul Henry Kurzweg Distinguished Chair in Disaster Mental Health at Tulane University and author of *Compassion Fatigue***

"Transcending Trauma is a sensitive and thorough?as well as clear and comprehensible?study of a controversial topic." - **Peter Suedfeld, PhD, professor emeritus, University of British Columbia**

"The authors of Transcending Trauma have captured the process that allows trauma survivors to travel to the abyss and back. This book is a must read for anyone interested in the intergenerational transmission of sorrow, hope, and social justice." - **Roberta Greene, professor at the University of Texas School of Social Work and author of *Resiliency: An Integrated Approach to Practice, Policy, and Research***

"I found [this book] absolutely compelling and awe inspiring. [The authors] have done an immense job of integrating vast amounts of data and then integrating the relevant literature. I think the contribution [they] have made is astounding. The main points of [the] work are critically important...every chapter reads like the work of love." - **Kaethe Weingarten**

About the Author

Bea Hollander-Goldfein, PhD., LMFT is director of the Postgraduate Certificate Program in Marriage and Family Therapy, director of the Transcending Trauma Project, and senior staff therapist at the Council for Relationships, Philadelphia, PA. She is also a clinical assistant professor at Jefferson Medical College in Philadelphia, PA.

Nancy Isserman, PhD. is co-director of the Transcending Trauma Project and Senior Research Fellow at the Council for Relationships, Philadelphia, PA. She is also associated with the Feinstein Center, Temple University.

Jennifer Goldenberg, PhD., LCSW is a clinical social worker in private practice in Bangor, Maine, USA and Research Associate, Transcending Trauma Project, Council for Relationships, Philadelphia, PA.

Users Review

From reader reviews:

Thomas Depew:

Nowadays reading books become more than want or need but also work as a life style. This reading practice give you lot of advantages. The benefits you got of course the knowledge the actual information inside the book that will improve your knowledge and information. The data you get based on what kind of publication you read, if you want drive more knowledge just go with education and learning books but if you want sense happy read one using theme for entertaining such as comic or novel. Often the *Transcending Trauma: Survival, Resilience, and Clinical Implications in Survivor Families (Psychosocial Stress Series)* is kind of guide which is giving the reader unpredictable experience.

Melanie Tuck:

A lot of people always spent their very own free time to vacation as well as go to the outside with them friends and family or their friend. Were you aware? Many a lot of people spent they free time just watching TV, or perhaps playing video games all day long. If you would like try to find a new activity honestly, that is look different you can read a book. It is really fun for yourself. If you enjoy the book you read you can spent the entire day to reading a book. The book *Transcending Trauma: Survival, Resilience, and Clinical Implications in Survivor Families (Psychosocial Stress Series)* it is extremely good to read. There are a lot of those who recommended this book. These were enjoying reading this book. When you did not have enough space to develop this book you can buy the actual e-book. You can m0ore very easily to read this book through your smart phone. The price is not to cover but this book offers high quality.

Gerald Chisholm:

Are you kind of occupied person, only have 10 as well as 15 minute in your morning to upgrading your mind ability or thinking skill perhaps analytical thinking? Then you are having problem with the book when compared with can satisfy your short space of time to read it because this all time you only find reserve that need more time to be examine. *Transcending Trauma: Survival, Resilience, and Clinical Implications in Survivor Families (Psychosocial Stress Series)* can be your answer since it can be read by you who have those short extra time problems.

Bruce Delvalle:

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