



Delicioso! The Regional Cooking of Spain

By Penelope Casas

Download now

Read Online ➔

Delicioso! The Regional Cooking of Spain By Penelope Casas

Bursting with the enticing and varied flavors of the seven culinary regions of Spain, this new cookbook by the most knowledgeable American expert on Spanish cuisine takes readers on a gastronomic journey filled with new discoveries. Over 400 recipes. of color photos.

📄 [Download Delicioso! The Regional Cooking of Spain ...pdf](#)

📄 [Read Online Delicioso! The Regional Cooking of Spain ...pdf](#)

Delicioso! The Regional Cooking of Spain

By Penelope Casas

Delicioso! The Regional Cooking of Spain By Penelope Casas

Bursting with the enticing and varied flavors of the seven culinary regions of Spain, this new cookbook by the most knowledgeable American expert on Spanish cuisine takes readers on a gastronomic journey filled with new discoveries. Over 400 recipes. of color photos.

Delicioso! The Regional Cooking of Spain By Penelope Casas Bibliography

- Sales Rank: #784442 in Books
- Brand: Knopf
- Published on: 1996-04-30
- Released on: 1996-04-30
- Ingredients: Example Ingredients
- Original language: English
- Number of items: 1
- Dimensions: 9.51" h x 1.50" w x 6.74" l,
- Binding: Hardcover
- 480 pages

 [Download Delicioso! The Regional Cooking of Spain ...pdf](#)

 [Read Online Delicioso! The Regional Cooking of Spain ...pdf](#)

Editorial Review

From Publishers Weekly

Casas (Discovering Spain; Tapas) continues her thorough exploration of Spanish cooking with this superbly organized and definitive cookbook. For each region of the country she chooses a specialty. For example, labeling the Southeastern coast as the "Region of the Rices," she includes a history of rice growing in Spain and of the area, as well as brief overviews on such related topics as paella and saffron. Chatty, engaging and full of detail, the book could easily double as a travel (or at least restaurant) guide. The recipes are outstanding. In that same chapter there are 14 rice dishes, none repetitive and all tempting, from a simple and classic Rice with Greens to the more complex Vegetable Paella with Mint-Scented Meatballs. Each regional section contains "Notes on Regional Wines." Casas does not hesitate to challenge the home cook with unusual fare, such as Black Sausage with Raisins and Pine Nuts, or with unfamiliar techniques, such as soaking bacalao in cold water for two to three days in the recipe for Dried Cod in Onion and Red Pepper Puree. The rewards, however, are rich and varied.

Copyright 1996 Reed Business Information, Inc.

From Library Journal

Casas, the author of Tapas (LJ 9/15/85) and two other books about Spain, is an authority on Spanish cuisine. Here she explores the traditional cooking of the country's diverse regions, including the Canary Islands. She devotes a separate chapter to tapas before turning to northern Spain, "Region of the Sauces," Catalunya, "Region of the Casseroles," and the rest of the country, providing more than 400 recipes in all. There are notes on regional wines, boxes on such topics as cooking with salt cod, and thoughtful, informative headnotes accompanying the mouth-watering recipes. "Mediterranean cooking" has been wildly popular for several years, but it is only recently that the term has really come to refer to cuisines beyond those of Italy and southern France, making Casas's cookbook, one of the few on Spain, particularly timely. An essential purchase.

Copyright 1996 Reed Business Information, Inc.

From [Booklist](#)

Spain might seem like neighboring suburbs thanks to this author's wonderful culinary introduction to each of Spain's seven regions. Sidebars delight and inform about such topics as the saltiness of salt cod, the anonymity of Spanish sherry wine vinegar, the diversity of gazpacho, and the versatility of the tortilla-cum-potato omelet. Readers will find more than 400 simple but authentic dishes to re-create. *Barbara Jacobs*

Users Review

From reader reviews:

Hattie Booth:

Nowadays reading books be a little more than want or need but also get a life style. This reading addiction give you lot of advantages. The benefits you got of course the knowledge even the information inside the book that improve your knowledge and information. The knowledge you get based on what kind of book you read, if you want attract knowledge just go with education books but if you want feel happy read one along with theme for entertaining such as comic or novel. Often the Delicioso! The Regional Cooking of Spain is kind of reserve which is giving the reader unstable experience.

Amy Davis:

Do you have something that suits you such as book? The book lovers usually prefer to decide on book like comic, limited story and the biggest an example may be novel. Now, why not striving Delicioso! The Regional Cooking of Spain that give your satisfaction preference will be satisfied by simply reading this book. Reading addiction all over the world can be said as the opportunity for people to know world much better then how they react in the direction of the world. It can't be claimed constantly that reading routine only for the geeky individual but for all of you who wants to become success person. So , for all of you who want to start studying as your good habit, you can pick Delicioso! The Regional Cooking of Spain become your starter.

David Stokes:

That e-book can make you to feel relax. This specific book Delicioso! The Regional Cooking of Spain was colorful and of course has pictures on there. As we know that book Delicioso! The Regional Cooking of Spain has many kinds or category. Start from kids until teenagers. For example Naruto or Detective Conan you can read and think you are the character on there. So , not at all of book tend to be make you bored, any it offers up you feel happy, fun and loosen up. Try to choose the best book for you personally and try to like reading which.

James Shockley:

Reading a e-book make you to get more knowledge from this. You can take knowledge and information from your book. Book is written or printed or created from each source that will filled update of news. In this particular modern era like today, many ways to get information are available for you actually. From media social similar to newspaper, magazines, science e-book, encyclopedia, reference book, fresh and comic. You can add your knowledge by that book. Do you want to spend your spare time to open your book? Or just searching for the Delicioso! The Regional Cooking of Spain when you required it?

Download and Read Online Delicioso! The Regional Cooking of Spain By Penelope Casas #JLVOMCIPGY1

Read Delicioso! The Regional Cooking of Spain By Penelope Casas for online ebook

Delicioso! The Regional Cooking of Spain By Penelope Casas Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Delicioso! The Regional Cooking of Spain By Penelope Casas books to read online.

Online Delicioso! The Regional Cooking of Spain By Penelope Casas ebook PDF download

Delicioso! The Regional Cooking of Spain By Penelope Casas Doc

Delicioso! The Regional Cooking of Spain By Penelope Casas Mobipocket

Delicioso! The Regional Cooking of Spain By Penelope Casas EPub

JLVOMCIPGY1: Delicioso! The Regional Cooking of Spain By Penelope Casas