



Stanislavski in Practice: Exercises for Students

By Nick O'Brien

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Stanislavski in Practice is an unparalleled step-by-step guide to Stanislavski's System. Author Nick O'Brien makes this cornerstone of acting accessible to teachers and students alike.

This is an exercise book for students and a lesson planner for teachers on syllabi from Edexcel, WJEC and AQA to the practice-based requirements of BTEC. Each element of the System is covered practically through studio exercises and jargon-free discussion.

Over a decade's experience of acting and teaching makes O'Brien perfectly placed to advise anyone wanting to understand or apply Stanislavski's system.

Features include:

- Practical extension work for students to take away from the lesson
- Notes for teachers on how to use material with different age groups
- Exam tips for students based on specific syllabi requirements

- A chapter dedicated to using Stanislavski when rehearsing a text
- A glossary of terms that students of the System will encounter

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Stanislavski in Practice: Exercises for Students By Nick O'Brien Bibliography

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Editorial Review

Review

'A very useful, detailed approach to Stanislavski suitable for students at KS5' – *Ali Warren, Teaching Drama*

'practical exercises for students to follow to gain understanding of the approaches that Stanislavski took to particular elements of acting' – *Ali Warren, Teaching Drama*

'Overall the effect is excellent.' – *Ali Warren, Teaching Drama*

'...in terms of pure acting content, this is a useful resource. Summing Up: Recommended.' – *CHOICE, January 2012*

'Your Stanislavski book is like a bible to me.' – *Haymie Thakar, Head of Performing Arts, Uxbridge College, UK*

About the Author

Nick O'Brien runs Stanislavski workshops across the UK. He trained at the Academy of the Science of Acting and Directing and has a PGCE from Keele University. He is an Examiner for Edexcel.

Users Review

From reader reviews:

Joshua Shaw:

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Scott Ridgway:

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Marvin Davidson:

In this era which is the greater man or who has ability to do something more are more precious than other. Do you want to become one of it? It is just simple solution to have that. What you have to do is just spending your time not very much but quite enough to get a look at some books. Among the books in the top listing in your reading list is actually Stanislavski in Practice: Exercises for Students. This book which can be qualified as The Hungry Slopes can get you closer in turning out to be precious person. By looking upwards and review this book you can get many advantages.

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