



Stanislavski in Practice: Exercises for Students

By Nick O'Brien

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Stanislavski in Practice is an unparalleled step-by-step guide to Stanislavski's System. Author Nick O'Brien makes this cornerstone of acting accessible to teachers and students alike.

This is an exercise book for students and a lesson planner for teachers on syllabi from Edexcel, WJEC and AQA to the practice-based requirements of BTEC. Each element of the System is covered practically through studio exercises and jargon-free discussion.

Over a decade's experience of acting and teaching makes O'Brien perfectly placed to advise anyone wanting to understand or apply Stanislavski's system.

Features include:

- Practical extension work for students to take away from the lesson
- Notes for teachers on how to use material with different age groups
- Exam tips for students based on specific syllabi requirements

- A chapter dedicated to using Stanislavski when rehearsing a text
- A glossary of terms that students of the System will encounter

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Editorial Review

Review

'A very useful, detailed approach to Stanislavski suitable for students at KS5' – *Ali Warren, Teaching Drama*

'practical exercises for students to follow to gain understanding of the approaches that Stanislavski took to particular elements of acting' – *Ali Warren, Teaching Drama*

'Overall the effect is excellent.' – *Ali Warren, Teaching Drama*

'...in terms of pure acting content, this is a useful resource. Summing Up: Recommended.' – *CHOICE, January 2012*

'Your Stanislavski book is like a bible to me.' – *Haymie Thakar, Head of Performing Arts, Uxbridge College, UK*

About the Author

Nick O'Brien runs Stanislavski workshops across the UK. He trained at the Academy of the Science of Acting and Directing and has a PGCE from Keele University. He is an Examiner for Edexcel.

Users Review

From reader reviews:

Joshua Shaw:

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Scott Ridgway:

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Billy Gallardo:

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Marvin Davidson:

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