



Succulent Wild Love: Six Powerful Habits for Feeling More Love More Often

By SARK, John Waddell

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Succulent Wild Love: Six Powerful Habits for Feeling More Love More Often By SARK, John Waddell

A new philosophy of love and relationships for everyone

**Relationships *do not* require compromise or sacrifice
You can create joyful solutions instead**

SARK has made a career out of sharing her personal, journal-like writings and art, and inspiring others with her vulnerable and honest journeys toward self-acceptance. She has helped her legions of fans craft lives filled with joy, creativity, and self-love — and she even married herself in a “statement of self-liberation” described in *Succulent Wild Woman*. And yet SARK had one big secret wish: overcoming her fears to commit to an intimate life partnership. So she embarked on a “Covert Love Operation,” and, after much soul-shaping, it culminated in her meeting psychologist and spiritual teacher Dr. John Waddell — and discovering *Succulent Wild Love*. They now teach and mentor together using the principles in this book — six powerful habits that can transform any relationship or open you to create the partnership you want.

Over 175 pieces of SARK original art included

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Editorial Review

Review

“This is true heart nourishment, elegantly delivered by two master teachers, writers, and life livers. Drench yourself in these pages and revel in the goodness so you can ‘feel love more often’ in your own succulent life and relationships.”

— **Kris Carr, *New York Times*—bestselling author of *Crazy Sexy Diet***

“*Succulent Wild Love* had me at ‘hello’! This book is loaded with heart-opening (and sometimes -wrenching) real-life truths about what it takes to truly love and be loved. It’s amazing.”

— **Christiane Northrup, MD, ob/gyn physician and *New York Times*—bestselling author of *Goddesses Never Age* and *Women’s Bodies, Women’s Wisdom***

“Finally, a relationship book unlike anything you’ve read before. I’m so excited to reread this book, which felt like a party, a healing retreat, and a possible bible, all in one!”

— **Tama Kieves, author of *This Time I Dance!* and *Inspired & Unstoppable***

“If you have ever been in love, yearn to be in love, or have fallen out of love, this brilliant, heartfelt, thorough, and joyful book will help you find your way to a divinely loving relationship. Everything you need to know and do to love and be loved is here.”

— **Alan Cohen, author of *Don’t Get Lucky, Get Smart***

About the Author

SARK (Susan Ariel Rainbow Kennedy) is a bestselling author, artist, and teacher. She comes from a background of creative expression and inspires others through her teachings in her 16 bestselling books, products, and programs to support empowered living. SARK’s purpose is to be an uplifter, a transformer, and a laser beam of love. She does that through her art, words, and spirit.

For over 30 years, **Dr. John Waddell**’s work has focused on helping individuals and couples lead happier lives. Whether in his clinical psychology practice or in his teaching of metaphysics, his approach has been to provide concrete tools and practices that help people create the lives they want.

Users Review

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Eleanor Landa:

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