



## The Path of Synchronicity: Align Yourself with Your Life's Flow

*By Allan G. Hunter*

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A combination of Jungian study, literary analysis, and therapy, this guide offers a powerful vision for capitalizing on synchronicity to instill peace in the self and the world. Synchronous moments are more than pure chance, coincidence, and dumb luck; this book shows that by recognizing them as a connection to a much larger, older pattern, readers can use the myths of culture and 1,000-year-old civilizations to guide themselves out of suffering and into tranquility. Starting with a new explanation of synchronicity and then offering practical instructions and exercises to tap into this collective wisdom, the book helps readers identify the mythic patterns that guide humanity, allowing them to face inner monsters without fear, convert them into love and compassion, and relax as part of a universal harmony.

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### Editorial Review

#### Review

"The sheer volume of these stories helps us appreciate that we are part of a universe larger than our own individual trials and tribulations, and the transformed heroes of these oft-repeated themes inspire us to seek our own path toward a richer, more heroic life." —Kat Tansey, author, *Choosing to Be*

"Dr. Hunter guides the reader into a magnificent synthesis of ancient wisdom and practical application . . . [This book] not only opens your heart but also the door to our greatest potential. Hunter is an authentic teacher, a man of deep wisdom and compassion." —Baptist de Pape, filmmaker, *The Powerful Wisdom of the Heart*

"Allan Hunter gets to the heart of personal transformation in this timely and groundbreaking guide to personal authenticity and living a life in accord with the energies of the universe." —Julie Clayton, *New Consciousness Review* (April 2011)

"In this insightful book, Hunter helps us assess the ego traps into which we fall. This is not just another psychological ride . . . he takes us down to our own depths to find . . . our authentic destiny." —Justine Willis Toms, cofounder of New Dimensions Radio, author, *Small Pleasures*

"Hunter has created one of the most comprehensive discussions of the descent into the darkness of the subconscious which I have ever read. . . . Dynamic and well-written, this one is a standout in the field." —*New Age Retailer*

"Hunter's gift is the clarity and compassion in his writing . . . an erudite and insightful examination of pure chance and the profound effect of the ego on our choices. . . . demonstrates how to recognize the underlying patterns in these events and how to use what comes to us." —*Positive Health UK* (July 2011)

#### About the Author

Dr. Allan G. Hunter received his doctorate in literature from Oxford University, which led him to study the deep correspondences between mental disturbance and literary expression. He is a professor at Curry College

in Boston and has a counseling practice. He is the author of several books, including *The Six Archetypes of Love* and *Stories We Need to Know*. He lives in Watertown, Massachusetts.

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