



Alchemy and Psychotherapy: Post-Jungian Perspectives

From Routledge

Download now

Read Online ➔

Alchemy and Psychotherapy: Post-Jungian Perspectives From Routledge

Alchemical symbols are part of popular culture, most recently popularised in the Harry Potter books. Alchemy intrigued Carl Jung, the founder of analytical psychology. It inspired him as he wrote 'the Red Book' - the journal of his voyage of internal discovery. He devoted much of his life to it, using alchemical symbols as metaphors for unconscious processes. *Alchemy and Psychotherapy* explores the issue of alchemy in the consulting room and its application to social and political issues. This book argues against the dominant discourse in contemporary psychotherapy - scientific materialism - and for the discovery of spiritual meaning.

Alchemy and Psychotherapy has four main sections:

'Alchemy and meaning' - looks at the history of alchemy, particularly the symbol of the *coniunctio* - sacred marriage - a metaphor for the therapeutic relationship.

'The symbolic attitude' - explores working with dreams, fairytales, astrology and the body: each of which is a symbolic language.

'The spirit and the natural world' - discusses the concept of 'burn out' - of therapists, our ecological resources, the mystical aspects of quantum physics and the philosophical underpinning of symbol formation.

'Clinical Applications' - shows alchemy's use with victims of abuse, those struggling to secure gender identity, in anorexia and in 'social healing' - atonement and restorative justice - which apply the idea of the *coniunctio*.

Alchemy and Psychotherapy is illustrated throughout with clinical examples, alchemical pictures and poetry which emphasise that alchemy is both a creative art and a science. Bringing together contributors from a wide range of disciplines, Dale Mathers and contributors show that therapy is both art and science, that the consulting room is the alchemical laboratory, and that their research is their creative engagement. *Alchemy and Psychotherapy* will be a valuable resource for practitioners, students at all levels of psychotherapy, analytical psychology,

psychoanalysis and creative, art-based therapies and for creative practitioners (in film, literature and performing arts) who draw on Jung's ideas.

 [Download Alchemy and Psychotherapy: Post-Jungian Perspectiv ...pdf](#)

 [Read Online Alchemy and Psychotherapy: Post-Jungian Perspect ...pdf](#)

Alchemy and Psychotherapy: Post-Jungian Perspectives

From Routledge

Alchemy and Psychotherapy: Post-Jungian Perspectives From Routledge

Alchemical symbols are part of popular culture, most recently popularised in the Harry Potter books. Alchemy intrigued Carl Jung, the founder of analytical psychology. It inspired him as he wrote 'the Red Book' - the journal of his voyage of internal discovery. He devoted much of his life to it, using alchemical symbols as metaphors for unconscious processes. *Alchemy and Psychotherapy* explores the issue of alchemy in the consulting room and its application to social and political issues. This book argues against the dominant discourse in contemporary psychotherapy - scientific materialism - and for the discovery of spiritual meaning.

Alchemy and Psychotherapy has four main sections:

'Alchemy and meaning' - looks at the history of alchemy, particularly the symbol of the *coniunctio* - sacred marriage - a metaphor for the therapeutic relationship.

'The symbolic attitude' - explores working with dreams, fairytales, astrology and the body: each of which is a symbolic language.

'The spirit and the natural world' - discusses the concept of 'burn out' - of therapists, our ecological resources, the mystical aspects of quantum physics and the philosophical underpinning of symbol formation.

'Clinical Applications' - shows alchemy's use with victims of abuse, those struggling to secure gender identity, in anorexia and in 'social healing' - atonement and restorative justice - which apply the idea of the *coniunctio*.

Alchemy and Psychotherapy is illustrated throughout with clinical examples, alchemical pictures and poetry which emphasise that alchemy is both a creative art and a science. Bringing together contributors from a wide range of disciplines, Dale Mathers and contributors show that therapy is both art and science, that the consulting room is the alchemical laboratory, and that their research is their creative engagement. *Alchemy and Psychotherapy* will be a valuable resource for practitioners, students at all levels of psychotherapy, analytical psychology, psychoanalysis and creative, art-based therapies and for creative practitioners (in film, literature and performing arts) who draw on Jung's ideas.

Alchemy and Psychotherapy: Post-Jungian Perspectives From Routledge Bibliography

- Sales Rank: #1634457 in Books
- Published on: 2014-03-15
- Released on: 2014-03-06
- Original language: English
- Number of items: 1

- Dimensions: 9.21" h x .70" w x 6.14" l, 1.03 pounds
- Binding: Paperback
- 304 pages

 [Download Alchemy and Psychotherapy: Post-Jungian Perspectiv ...pdf](#)

 [Read Online Alchemy and Psychotherapy: Post-Jungian Perspect ...pdf](#)

Editorial Review

Review

"A unique, coherent and multi-faceted volume. For those who find the Jungian use of alchemy bewildering, the book brings clarity and much-needed explanation. For those already into alchemy, the sheer range of topics covered and the vigour of the writing – from philosophy of science to religious experience to clinical practice – will make for an indispensable resource. Now that the intellectual and cultural climate in the West demonstrates the shifting, relative and mutable nature of things like science, bodies, sexualities, health and illness, we are justified in asking, together with these authors: Why does anyone need to be afraid of alchemy?" - **Andrew Samuels, Professor of Analytical Psychology, University of Essex**

About the Author

Dale Mathers is a member of the Association of Jungian Analysts, and a psychiatrist and humanistic psychotherapist. He teaches analytical psychology in the UK and Europe and is in private practice in South London.

Users Review

From reader reviews:

Johnnie McCormick:

The ability that you get from Alchemy and Psychotherapy: Post-Jungian Perspectives is a more deep you searching the information that hide within the words the more you get interested in reading it. It does not mean that this book is hard to know but Alchemy and Psychotherapy: Post-Jungian Perspectives giving you joy feeling of reading. The article writer conveys their point in specific way that can be understood through anyone who read that because the author of this book is well-known enough. That book also makes your vocabulary increase well. So it is easy to understand then can go together with you, both in printed or e-book style are available. We suggest you for having this particular Alchemy and Psychotherapy: Post-Jungian Perspectives instantly.

Charles Bryce:

This Alchemy and Psychotherapy: Post-Jungian Perspectives are generally reliable for you who want to be described as a successful person, why. The reason why of this Alchemy and Psychotherapy: Post-Jungian Perspectives can be one of several great books you must have is usually giving you more than just simple looking at food but feed you with information that possibly will shock your prior knowledge. This book will be handy, you can bring it almost everywhere and whenever your conditions in the e-book and printed kinds. Beside that this Alchemy and Psychotherapy: Post-Jungian Perspectives forcing you to have an enormous of experience like rich vocabulary, giving you test of critical thinking that we realize it useful in your day exercise. So , let's have it and enjoy reading.

Marjorie Thompson:

Do you one of the book lovers? If so, do you ever feeling doubt while you are in the book store? Aim to pick one book that you find out the inside because don't judge book by its handle may doesn't work this is difficult job because you are scared that the inside maybe not since fantastic as in the outside appear likes. Maybe you answer can be Alchemy and Psychotherapy: Post-Jungian Perspectives why because the amazing cover that make you consider about the content will not disappoint anyone. The inside or content is usually fantastic as the outside as well as cover. Your reading sixth sense will directly direct you to pick up this book.

Bryant Boohar:

Within this era which is the greater individual or who has ability to do something more are more valuable than other. Do you want to become certainly one of it? It is just simple approach to have that. What you have to do is just spending your time very little but quite enough to get a look at some books. On the list of books in the top collection in your reading list will be Alchemy and Psychotherapy: Post-Jungian Perspectives. This book that is certainly qualified as The Hungry Mountains can get you closer in becoming precious person. By looking way up and review this publication you can get many advantages.

Download and Read Online Alchemy and Psychotherapy: Post-Jungian Perspectives From Routledge #JLFQTZBWOCR

Read Alchemy and Psychotherapy: Post-Jungian Perspectives From Routledge for online ebook

Alchemy and Psychotherapy: Post-Jungian Perspectives From Routledge Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Alchemy and Psychotherapy: Post-Jungian Perspectives From Routledge books to read online.

Online Alchemy and Psychotherapy: Post-Jungian Perspectives From Routledge ebook PDF download

Alchemy and Psychotherapy: Post-Jungian Perspectives From Routledge Doc

Alchemy and Psychotherapy: Post-Jungian Perspectives From Routledge Mobipocket

Alchemy and Psychotherapy: Post-Jungian Perspectives From Routledge EPub

JLFQTZBWOCR: Alchemy and Psychotherapy: Post-Jungian Perspectives From Routledge