



# Alcohol Problems in Adolescents and Young Adults: 17 (Recent Developments in Alcoholism)

By Marc (Ed.) Galanter

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## Alcohol Problems in Adolescents and Young Adults: 17 (Recent Developments in Alcoholism) By Marc (Ed.) Galanter

Alcohol continues to be the substance of choice for today's youth, leading to serious physical, psychological, and social consequences. *Alcohol Problems in Adolescents and Young Adults* ably addresses this growing trend. The latest entry in the *Recent Developments in Alcoholism* series, it comprehensively presents a wide-ranging clinical picture of teen drinking - epidemiology, neurobiology, behavioral phenomena, diagnostic and assessment issues, prevention and treatment data - in a developmental context. Fifty expert contributors display the scientific rigor, practical wisdom, and nuanced analysis that readers have come to expect from previous volumes. Among the subjects studied in depth: - Initiation of alcohol use/abuse - Risk and protective factors for alcohol dependence - High-risk adolescent populations - Drinking habits of college students - Long-range consequences of teenage drinking - Family-, school-, and community-based prevention programs - Treatment of comorbid substance and psychiatric disorders Clinicians, researchers, and policy makers will find this a bedrock source of evidence-based knowledge, whether one's goal is choosing an age-appropriate assessment tool for eighth graders, preventing drinking among high school students, or understanding the alcohol-friendliness of campus culture. Here is a critical resource for all professionals dedicated to helping youngsters grow up sober.

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