



The Behavioral Sciences and Health Care

By Olle Jane Z. Sahler, John E. (Eds.) Carr

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A clearly structured, compact text on the behavioral sciences for medical and other health professions, including practical features such as chapter review questions and an annotated practice exam. The brand new edition of this highly readable text presents succinct information about how neurological, psychological, social and behavioral processes interact and together contribute to the health and wellness of individuals. Based around but expanding on the Integrated Sciences Model, and integrating the Institute of Medicine's key themes for medical training, this latest edition is organized in sections covering:

- Brain Systems
- Homeostatic Systems and Disorders
- Individual-Environment Interaction
- Development Through the Life Cycle
- Social and Cultural Issues
- Societal and Behavioral Health Challenges
- The Health Care System, Policy, and Economics
- The Clinical Relationship
- Psychopathology

New chapters deal with Nutrition, Metabolism, and Feeding Disorders, Physician Health, Impairment, and Misconduct, the Psychiatric Evaluation, Principles of Psychotherapy, and Dementia. Clear appendices review principles of epidemiology and biostatistics. Each chapter begins with guidance questions and ends with current recommended readings and review questions. A complete 350+ question-and-answer multiple choice-type review section not only allows readers to assess how well they have learned the material, but also highlights important points and adds additional specific information to supplement the text. From the first editor: "This revision has been streamlined to allow for several new chapters, such as an in-depth look at provider impairment as well as updates on obesity, palliative care, and complementary medicine. In addition, the 350+ question-and-answer review section continues to provide concise discussions of specific topics that supplement the text. "In keeping with ABSAME's new name as the Association for the Behavioral Sciences and Health Professions Education (ABSAHPE), we are convinced that this latest edition will lend itself ideally to teaching behavioral sciences for anyone pursuing a career in one of the health professions, including medicine, nursing, pharmacy, dentistry, social work and other allied health professions, osteopathy, and chiropractic. After all, the principles that are the foundation of any effective, compassionate provider-patient relationship are fundamental to all our professions. So, too, are the societal barriers to providing excellent health care that can affect all healing relationships." O. J. Sahler (Editor) From the Reviews: "The book is exceptionally well organized into thematically based sections with questions listed at the beginning of each chapter,

clearly defined subsections within chapters, and recommended readings and questions with answers at the conclusion of each chapter. [...] This updated and enriched edition is an indispensable contribution to understanding an approach to healthcare that appears simple but in actuality is frequently more complex than appreciated. The organization allows for easy use in the teaching setting and would be most beneficial in this context." Marie A Dewitt, MD, Rush University Medical Center, in Doody's Book Review Review comments on the first edition: "Takes attempts to integrate basic and behavioral sciences to a new level... Will enable students to see the importance of all aspects of a patient's life and their influence on healthcare behaviors... Material is presented in a logical and concise manner that will appeal to medical students." Patricia Lenahan, writing in Annals of Behavioral Science and Medical Education, Vol. 9, # 2, Fall 2003

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Editorial Review

Review

Rewied in Doody's Listing and Reviews of your books,by Marie A Dewitt, MD(Rush University Medical Center)**Description**This compact book, organized according to Institute of Medicine themes,discusses the importance of integrating the behavioral, social, and biological sciences in approaching health and pathology. This is an update to the originaltext that was published in 2003.**Purpose**The second edition successfully presents information about the various social, biological, and psychological approaches that comprise the behavioral sciences and are essential to a complete understanding of health, wellness, and illness.This edition includes updated material and additional chapters on stress and adaptation, aging, palliative care, risk behaviors, clinical education, health literacy, and gay, lesbian, bisexual and transgender healthcare issues.**Audience**Written by qualified members of the Association for the Behavioral Sciences and Medical Education, this is intended as a text for medical and other students and trainees. It would best serve graduate or professional students in medical,public health, social work, and other health sciences disciplines. It is essential for training programs that seek to teach the multifaceted aspects of healthcare. Individual chapters or sections may also be appropriate for morespecific classes (e.g., undergraduate courses in gerontology) or populations (e.g., medical residents).**Features**The book is exceptionally well organized into thematically based sections with questions listed at the beginning of each chapter, clearly defined subsections within chapters, and recommended readings and questions with answers at theconclusion of each chapter. Appendixes provide a more in-depth discussion of basic epidemiology and biostatistics. A comprehensive index follows a USMLE-style practice test with answers. The topic matter covered is notablydiverse. Future editions might be enhanced by including discussions on disabilities as well as occupational and organizational health.**Assessment**This updated and enriched edition is an indispensable contribution to understanding an approach to healthcare that appears simple but in actuality is frequently more complex than appreciated. The organization allows for easy use in the teaching setting and would be most beneficial in this context.-----Weighted Numerical Score: 96 - 4 Stars!Review comments on the first edition: "Takes attempts to integrate basic and behavioral sciences to a new level...Enables students to see the importance of all aspects of a patient's life and their influence on healthcare behaviors...Material is presented in a logical and concise manner that will appeal to medical students." (Patricia Lenehan in Annals of Behavioral Science and Medical Education)

About the Author

Olle Jane Z. Sahler, M.D. is currently Professor of Pediatrics, Psychiatry, Medical Humanities, and Oncology at the University of Rochester School of Medicine and Dentistry. She is a behavioral pediatrician with a special interest in the care of chronically and terminally ill children and their families. Her foundation- and federally-funded research over the years has focused on siblings and mothers of children with cancer. More recently, she has been funded by the National Center for Complementary and Alternative Medicine of the National Institutes of Health to study the effects of using music therapy in the management of patients undergoing bone marrow or stem cell transplantation on symptom control and immune reconstitution. She was the Director of the Pediatric Clerkship at the University of Rochester School of Medicine, the Director of the Department of Education at the American Academy of Pediatrics, as well as the founding president of the Council on Medical Student Education in Pediatrics. As President of the Association for the Behavioral Sciences and Medical Education (ABSAME) she began a project to develop a comprehensive curriculum guide for medical student and resident education in the behavioral sciences. John E. Carr, Ph.D. is Professor Emeritus in the Departments of Psychiatry and Behavioral Sciences and Psychology at the University of Washington where he has played a principal role in developing behavioral science curricula for the School of

Medicine. He has written extensively about the need for an "Integrated Sciences Model" for the behavioral and biological sciences in medical education. He has served as a consultant to the World Health Organization on Behavioral Sciences in Health Care Training and recently co-coordinated a cooperative venture between the Association of Behavioral Sciences and Medical Education, the Association of Medical School Psychologists, and the International Union of Psychological Societies to develop behavioral science training modules for WHO. He holds Diplomates in Clinical and Health Psychology from the American Board of Professional Psychology. He is a Fellow of the American Psychological Association, Association of Psychological Science, Society of Behavioral Medicine, and the Academy of Behavioral Medicine Research. He has served on the National Board of Medical Examiners Behavioral Sciences Test Committee, and is a founding member and two-time Past President of the Association of Psychologists in Academic Health Centers.

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