



The Contented Baby with Toddler Book

By Gina Ford

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The Contented Baby with Toddler Book By Gina Ford

The prospect of bringing a tiny baby home when you already have a toddler can be extremely daunting. Life with a newborn baby is tiring and challenging enough but with a demanding older brother or sister to deal with too, how do you cope? Gina Ford's practical tips and sanguine advice will calm and reassure all panicked parents. A major feature of the book is the adaptable routines, specifically designed to help new parents structure their day to meet all the needs of their toddler and their new baby, and still have time for lots of cuddles. By using Gina's easy-to-follow methods not only will new parents have a contented baby who feeds regularly and sleeps through the night from an early age, but also a happy, involved toddler who remains calm and cooperative during this unsettled time.

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The Contented Baby with Toddler Book By Gina Ford Bibliography

- Sales Rank: #343711 in Books
- Brand: imusti
- Published on: 2010-04-01
- Original language: English
- Number of items: 1
- Dimensions: 8.50" h x 1.10" w x 5.50" l, .80 pounds
- Binding: Paperback
- 338 pages

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Editorial Review

Review

"The Delia Smith of parenting . . . while Delia tells you how to make the perfect omelette, Gina tells you how to nurture the perfectly happy baby." —

You magazine

"For an astonishing number of mothers she has proved a savior." —*Daily Telegraph*

About the Author

Gina Ford has more than 30 years experience as a maternity nurse, runs the website contentedbaby.com, and is the author of many parenting books, including *The Complete Sleep Guide for Contented Babies & Toddlers* and *The Contented Little Baby Book*.

Users Review

From reader reviews:

James Brier:

Reading can called mind hangout, why? Because while you are reading a book especially book entitled The Contented Baby with Toddler Book your brain will drift away trough every dimension, wandering in each and every aspect that maybe unfamiliar for but surely can be your mind friends. Imaging just about every word written in a reserve then become one type conclusion and explanation this maybe you never get previous to. The The Contented Baby with Toddler Book giving you yet another experience more than blown away the mind but also giving you useful data for your better life in this particular era. So now let us present to you the relaxing pattern at this point is your body and mind will probably be pleased when you are finished reading through it, like winning a casino game. Do you want to try this extraordinary shelling out spare time activity?

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