



The Vinegar Book II

By Emily Thacker

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The Vinegar Book II By Emily Thacker

What else can vinegar be used for? PLENTY! Here's even more ways to use vinegar for good health & natural healing. Discover how the combination of vinegar, honey & garlic can help relieve the pain of arthritis, reduce cholesterol, assist weight loss and MUCH MORE!

You asked for it — Emily Thacker delivered! Still more ways to use vinegar – around the house – for your pets – in the medicine cabinet and some surprising vinegar facts! There's even good news on Vinegar's role in the fight against aging!

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