



The Structure of Personality (Nlp and Neuro-Semantics Approach)

By Michael Hall

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"The Structure of Personality" identifies the processes that produce personality, and presents strategies to reprogramme it. Coaching the reader in a number of effective and specially adapted NLP techniques, it covers a wide range of tools including The RESOLVE model and the Personal Strengths model, making it a crucial reference for counsellors, therapists and NLP practitioners. This title is also available as a paperback version with ISBN 9781845906757.

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Editorial Review

Review

A bold and courageous step with exciting possibilities. Should prove to be a milestone in our pursuit of sanity. -- *Rie Anderson, Clinical Psychotherapist*

Creating a cognitive map using Neuro-Semantics and NLP to understand the relationship between a person's thinking and personality development -- *Jim Walsh, Mental Health Counselor*

From the Publisher

L. Michael Hall PhD has authored many ground-breaking works on communication, neuro-linguistics, emotions, and motivation. He is one of the foremost NLP theorists writing today, and is dedicated to taking its techniques into new and exciting realms of therapy and personal development. L. Michael Hall works as a psychotherapist and trainer in Grand Junction, Colorado.

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