



## When Men Grieve: Why Men Grieve Differently and How You Can Help

*By Elizabeth Levang*

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Psychologist Elizabeth Levang, author of *Remembering with Love*, explains the special ways that men grieve so those who love them can better understand what they're going through.

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## **When Men Grieve: Why Men Grieve Differently and How You Can Help** By Elizabeth Levang **Bibliography**

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#### Review

"A cause for celebration! Finally we have an honest, straightforward portrayal of men and grief." -- *John Bradshaw, author of the bestselling Bradshaw On: The Family*

"A smorgasboard of personal stories and commentary, told with refreshing candor and honesty." -- *Richard Edler, President of The Compassionate Friends, Inc.*

"A thought-provoking look at the unique character of men's grief." -- *Dr. Kathleen Gilbert, author of Coping with Infant or Fetal Loss: The Couple's Healing Process*

"Astonishing insights...impressively useful." -- *Rabbi Harold S. Kushner, author of When Bad Things Happen to Good People*

"Insightful, well-written. A compassionate resource for male mourners and the women who love them." -- *Alan D. Wolfelt, Ph.D., Director for the Center of Loss and Life Transition*

#### About the Author

Elizabeth Levang is a leading consultant and educator in the field of coping with grief and bereavement

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