



## Arm and Finger Knitting: 35 no-needle knits for the home and to wear

By Laura Strutt

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**Arm and Finger Knitting: 35 no-needle knits for the home and to wear** By Laura Strutt

If you like large-scale knits or you appreciate the bigger stitches and open texture you can achieve by knitting with your arms or fingers, then you will find plenty of inspiration in 'Arm and Finger Knitting'. Breaking free from the constraints of normal needle sizes, Laura Strutt demonstrates how to do all the usual stitches and techniques using just your arms and hands, from plain knit stitch to seed stitch, increasing and decreasing, and knitting with two or more strands of yarn at a time. To make the best use of the unique texture and scale of no-needle knitting, she has designed 35 stylish projects for you to make, for the home and to wear. There are stylish arm-knitted scarves, and throws, but also a simple stool cover, a stylish gilet, and a shawl you can knit in under an hour. Using finger knitting, you can quickly create place settings, a bath mat, and even a necklace. A photographically-illustrated step by step guide to techniques covers everything you need to know, from casting on to cabling, clearly and simply. It's no wonder there is so much interest in arm and finger knitting when you can get spectacular results in such a short time.

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# Arm and Finger Knitting: 35 no-needle knits for the home and to wear

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### **Editorial Review**

#### **Review**

Perfect for the person who likes to craft, with almost instant gratification. All you need is yarn. --The Hartford Knitting Examiner

Create spectacular and simple projects in a short amount of time with this book. --Altered Couture magazine

#### **About the Author**

Laura Strutt is a former editor of 'Craft Business' magazine, and launched 'Sew' magazine, which she edited until 2012. Now working as a freelance writer, she is interested in all kinds of crafts, and shares her expertise and her latest finds on her website, [www.madepeachy.com](http://www.madepeachy.com). She is also the author of 'The Haynes Sewing Manual', and 'The DIY Wedding Manual'. The author is based in Colchester, Essex, UK.

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