



Belly Laughs, 10th anniversary edition: The Naked Truth about Pregnancy and Childbirth

By Jenny McCarthy

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THE RUNAWAY NATIONAL BESTSELLER

Revealing the naked truth about the tremendous joys, the excruciating pains, and the inevitable disfigurement that go along with pregnancy, Jenny McCarthy tells you what you can *really* expect when you're expecting! From morning sickness and hormonal rage, to hemorrhoids, granny panties, pregnant sex, and the torture and sweet relief that is delivery, *Belly Laughs* is must-read comic relief for anyone who is pregnant, has ever been pregnant, is trying to get pregnant, or, indeed, has ever been born!

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Editorial Review

From Publishers Weekly

McCarthy, 1994 Playmate of the Year, actress (*Scream 3*; *Baywatch*; etc.) and former host of MTV's *Singled Out*, gave birth to her first child in 2002. Her pregnancy wasn't pretty—and she wants to tell readers all about it. At the outset, she tells them, "If you bought this book, you are already aware of my frankness when it comes to certain things—anatomy and bodily functions among them. If someone gave this book to you as a gift and you've never heard of me, apologies to you!" She goes on to recount the nitty-gritty of pregnancy in all its gory detail, covering morning sickness, hormonal rage, cravings, hemorrhoids, "engorged" breasts, gas, hot flashes, fainting spells, weight gain, acne, water retention and, finally, labor. McCarthy is undeniably crass but funny, and her candor and self-deprecation are refreshing. Each brief, chatty chapter focuses on a different—and awful—facet of pregnancy, with McCarthy relating personal anecdotes and usually winding down by reassuring women they're not alone. McCarthy's tales are, for the most part, a hoot, though they may offend more uptight readers. For example, in the beginning of McCarthy's pregnancy, she was constipated, so she visited a specialist. In the waiting room, the assistant called her name, and "everyone... looked up in surprise, and I knew what they were thinking: 'Jenny McCarthy has butt hole problems?'" I was so embarrassed, until I realized that they had no right to be smirking: Those assholes were also there because of their own assholes. I felt better already."

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From [Booklist](#)

McCarthy applies her in-your-face manner and blue humor to the subject of pregnancy and childbirth in this little piece of fun. The former *Playboy* centerfold and all-around bad girl recounts her journey to motherhood with utter abandon, discussing topics that those other wholesome books tend to treat too gently, such as enemas, pubic hair growth, and sex in the ninth month. What's noble about this book (yes, noble) is that women who find these topics too embarrassing to bring up now have a place to read about them in a frank and open discussion. After all, they're as real as morning sickness, and McCarthy treats them with a candor that borders on crude but that is refreshing, and, ultimately, necessary. Not to mention funny. Like a gossipy girlfriend, McCarthy brings you in and makes you laugh; there's a certain comfort in knowing that even a sex symbol gets stretch marks and balloons to 200 pounds during pregnancy. A must-have for any childbirth collection. An aggressive marketing campaign suggests libraries ought to stock up. *Mary Frances Wilkens*

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Review

Bella Online

"One of the most candid, refreshing and funny books on pregnancy that I have ever read. I laughed so hard at times that I had tears rolling down my cheeks...Humorous and candid."

Hudson Valley News, 2/12/2014

"A book for the expectant mother who needs a few moments of frivolity."

MediaMikes.com, 2/20/2014

"Jam packed with side splitting stories...The cool part about the book is that it doesn't really matter if you have 1 kid or 10 or if you're a guy or a girl. McCarthy's book has a little something for everyone...Graphic yet hysterical stories...A fun quick read that both you and your significant other can enjoy."

"Like a gossipy girlfriend, McCarthy brings you in and makes you laugh; there's a certain comfort in knowing that even a sex symbol gets stretch marks and balloons to 200 pounds during pregnancy.... A must-have." --*Booklist*

"Jenny McCarthy is now the go-to girl for pregnancy." --*Toronto Star*

"Dishes dirt on giving birth that you never knew you needed to know.... [McCarthy is quite funny and, in the end, this is a celebration of motherhood." --*Gotham*

"You don't even have to be knocked up to enjoy [this book]."--

Playboy

"McCarthy is undeniably crass but funny, and her candor and self-deprecation are refreshing." --*Publishers Weekly*

Users Review

From reader reviews:

Michael Bennett:

In this 21st century, people become competitive in each way. By being competitive today, people have to do something to make these survive, being in the middle of typically the crowded place and notice by simply surrounding. One thing that often many people have underestimated the idea for a while is reading. That's why, by reading a e-book your ability to survive boost then having chance to remain than other is high. To suit your needs who want to start reading some sort of book, we give you that Belly Laughs, 10th anniversary edition: The Naked Truth about Pregnancy and Childbirth book as beginning and daily reading reserve. Why, because this book is greater than just a book.

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That guide can make you to feel relax. This book Belly Laughs, 10th anniversary edition: The Naked Truth about Pregnancy and Childbirth was colourful and of course has pictures on the website. As we know that book Belly Laughs, 10th anniversary edition: The Naked Truth about Pregnancy and Childbirth has many kinds or genre. Start from kids until youngsters. For example Naruto or Investigation company Conan you can read and feel that you are the character on there. Therefore not at all of book usually are make you bored, any it makes you feel happy, fun and rest. Try to choose the best book in your case and try to like reading which.

Carlie Manson:

What is your hobby? Have you heard this question when you got scholars? We believe that that concern was given by teacher to their students. Many kinds of hobby, Everybody has different hobby. And you also know that little person including reading or as reading become their hobby. You need to know that reading is very important along with book as to be the point. Book is important thing to increase you knowledge, except your own teacher or lecturer. You will find good news or update about something by book. Many kinds of books that can you take to be your object. One of them is this Belly Laughs, 10th anniversary edition: The Naked Truth about Pregnancy and Childbirth.

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