



# **AiKiDô: The Trinity of Conflict Transformation (Elicitiva – Friedensforschung und Humanistische Psychologie)**

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## **AiKiDô: The Trinity of Conflict Transformation (Elicitiva – Friedensforschung und Humanistische Psychologie) From Springer**

In this volume, nine renowned experts delineate their theoretical or methodological approach of Aikidô in potentiating constructive handling of social conflicts. The authors depict the contribution of the Japanese self-defensive art Aikidô to the theory and practice of conflict transformation. The concept of Elicitive Conflict Transformation (Lederach, Dietrich) necessarily calls for a revised understanding of applied peace work and a new personal profile of the conflict worker. This is the point where Aikidô and conflict/peace work meet.

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- Sales Rank: #4324959 in Books
- Published on: 2015-06-24
- Released on: 2015-06-24
- Original language: English
- Number of items: 1
- Dimensions: 8.27" h x .56" w x 5.83" l, .72 pounds
- Binding: Paperback
- 237 pages



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### Editorial Review

#### Review

“AiKiDô could be a valuable addition to the tool box for psychologists who are interested in expanding their repertoire of conflict management skills. With the current scarcity of research on aikido and its effects in an era of evidence-based approaches, the guidelines and methods provided in this book could be valuable resources for researchers and practitioners of aikido who may want to strengthen the evidence on the contribution of aikido to psychology.” (Sombat Tapanya, PsycCRITIQUES, Vol. 60 (40), December, 2015)

#### From the Back Cover

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### Contents

- AiKiDô: The Trinity of Conflict Transformation
- Scientific Research Studies on Aikidô
- Philosophical and Spiritual Roots
- Using Aikidô and Transpersonal Psychology Concepts
- Aikidô and Mediation
- Practical Applications of Aikidô
- Transforming the Conflictual Body
- Embodied Compassionate Communication: Applied Aikidô
- Non-Violent Communication and Aikidô<
- Rhetorical Aikidô: Arguing as an Art of Peace
- Aikidô and Law Enforcement

### Target Groups

- Lecturers and students of social sciences, especially in the field of conflict research, peace work, sociology and psychology, education, psychotherapy, mediation and communication studies
- Practitioners in the above fields, Aikidô teachers and practitioners

### About the Editor

Winfried Wagner, Dipl.-Psych., is a psychotherapist in private practice, certified in Clinical Gestalt Therapy, and Aikidô teacher (7th degree black belt) at the international M.A. program “Peace Studies” at the University of Innsbruck, Austria.

## About the Author

Winfried Wagner, Dipl.-Psych., is a psychotherapist in private practice, certified in Clinical Gestalt Therapy, and Aikidô teacher (7th degree black belt) at the international M.A. program “Peace Studies” at the University of Innsbruck, Austria.

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