



## Falling in Love: Why We Choose the Lovers We Choose

By Ayala Malach Pines

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**Falling in Love: Why We Choose the Lovers We Choose** By Ayala Malach Pines

*Falling in Love* is the first book to unlock the mysteries of how and why we fall in love. Renowned psychologist Ayala Pines shows us why we fall for the people we do, and argues convincingly that we love neither by chance nor by accident. She offers sound advice for making the right choices when it comes to this complicated emotion. Packed with helpful suggestions for those seeking love and those already in it, this book is about love's many puzzles.

The second edition furthers the work of the popular and successful first edition. With expanded research, theory, and practice, this book once again provides one of a kind understandings of the experience of love. The new edition offers updated references to recent research, new chapter exercises, and "case examples" of romantic stories to begin each chapter.

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- Published on: 2014-05-14
- Binding: Paperback
- 304 pages



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### Editorial Review

#### Review

**'Ayala Pines takes aim and sends her Cupid's arrow straight at us with this brilliant work, and we cannot help but fall in love with it and what it teaches us about love in our lives. Both a clinical tour de force and a rich practical guide.'** - Dale Larson, Ph.D., author of *The Helper's Journey and Associate Professor and Director at the Counseling Psychology Program, Santa Clara University*

**'A couples' therapist's clinical look at how and why we fall in love removes some of the mystery from that most magical of human experiences...Not a how-to guide for the lovelorn but a serious, research-oriented work of special interest to those involved in couples' therapy.'** - Kirkus Reviews

#### About the Author

**Ayala Malach Pines** is a clinical, social, and organizational psychologist and the head of the department of Business Administration at the School of Management, Ben-Gurion University in Israel. She is both an American and Israeli citizen, and has specialized in couples therapy for many years, with extensive experience in both countries. She has authored ten books, twenty book chapters, and over seventy scholarly research articles. Her books have been translated into many different languages, including French, German, Spanish, Hungarian, Greek, Korean, Japanese, Chinese, Hebrew, and Turkish.

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