



Naked Spirituality: A Life with God in 12 Simple Words

By Brian D. McLaren

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“A rich, brilliant and important book: wonderfully readable and personal, filled with insight and wisdom, it invites us into practices that can transform our lives.”
—Marcus J. Borg, author of *Speaking Christian*

“Brian McLaren is a bridge builder. In these simple yet profound spiritual practices he perfectly marries his evangelical heart and contemplative soul, and we are all richer for the union.” —Cynthia Bourgeault, author of *Centering Prayer* and *The Wisdom Jesus*

In the same way he revitalized our faith in *A New Kind of Christianity*, church leader Brian McLaren reinvigorates our approach to spiritual fulfillment in *Naked Spirituality*—by tearing down the old dogmatic practices that hamper our spiritual growth, and leading us toward the meaningful spiritual practices that can help transform our lives.

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Editorial Review

Review

“Wise, easy to read, and practical.” (Fr. Richard Rohr, author of *The Naked Now*)

“A rich, brilliant and important book: wonderfully readable and personal, filled with insight and wisdom, it invites us into practices that can transform our lives.” (Marcus J. Borg, author of *Speaking Christian*)

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“McLaren’s trademark persuasiveness is put to good effect as he continues to shatter paradigms for spiritual seekers.” (Library Journal (starred review))

“Anyone wanting to conserve the spiritual spark in themselves will find this book a gentle and generous tract.” (Publishers Weekly)

“These stories are honest and kind and good... they illustrated the life of a real and raw experience of God and the human responses we offer.... This guidebook to simple words for a not so simple spirituality is an incredible gift, a true asset to us, bread for the journey.” (Hearts and Minds)

“McLaren both charts an arc of the spiritual life and suggests practices to nurture [it]. . . . McLaren deserves endless thanks for reminding us that estrangement and *no* do not represent a breakdown of the spiritual life. . . . *Naked Spirituality* is very astute.” (Christian Century)

From the Back Cover

Christianity is in crisis. Many sincere Christians feel their traditional Christian practices are in danger of becoming irrelevant, empty rituals. In his previous book *A New Kind of Christianity*, Brian D. McLaren offered new biblical models for how we understand the central ideas of a faith that provides hope for restoring and reinvigorating the power of the gospels to transform us and our communities.

In *Naked Spirituality*, McLaren takes his prophetic work a step further by confronting how the lack of a simple, doable, durable spirituality undermines the very transformation God is calling us to undergo. As a result, our religious structures become tools to maintain the status quo and not catalysts for personal and social change. McLaren presents a four-stage framework for understanding the spiritual life, and he unfolds spiritual practices appropriate to each stage. Each practice is rooted in a simple word: *here, thanks, O, sorry, help, please, when, no, why, behold, yes, and silence*. *Naked Spirituality* offers accessible, practical wisdom for living a truly spiritual life. Staying true to Jesus's core message while engaging faithfully with our postmodern world, McLaren presents a proven spiritual program for engaging in and sustaining a meaningful relationship with God.

About the Author

Brian D. McLaren, hailed as one of America's 25 most influential evangelicals by *Time* magazine, is a speaker, social justice activist, pastor, and the author of *A New Kind of Christianity*, *A Generous Orthodoxy*, *A New Kind of Christian*, and *The Secret Message of Jesus*. McLaren has appeared on *Nightline* and *Larry King Live*, and his work has been covered in *The Washington Post*, the *New York Times*, *Christianity Today*, and many other publications. McLaren and his wife, Grace, live in Florida and have four adult children.

Users Review

From reader reviews:

Sandra Snyder:

This Naked Spirituality: A Life with God in 12 Simple Words are reliable for you who want to be considered a successful person, why. The main reason of this Naked Spirituality: A Life with God in 12 Simple Words can be on the list of great books you must have is definitely giving you more than just simple examining food but feed you with information that probably will shock your prior knowledge. This book is handy, you can bring it just about everywhere and whenever your conditions throughout the e-book and printed people. Beside that this Naked Spirituality: A Life with God in 12 Simple Words giving you an enormous of experience for example rich vocabulary, giving you demo of critical thinking that we understand it useful in your day exercise. So , let's have it and luxuriate in reading.

Edward Gilbert:

A lot of people always spent their free time to vacation or maybe go to the outside with them family members or their friend. Did you know? Many a lot of people spent that they free time just watching TV, or maybe playing video games all day long. In order to try to find a new activity honestly, that is look different you can read the book. It is really fun for you. If you enjoy the book that you just read you can spent 24 hours a day to reading a e-book. The book Naked Spirituality: A Life with God in 12 Simple Words it is extremely good to read. There are a lot of folks that recommended this book. They were enjoying reading this book. When you did not have enough space to deliver this book you can buy typically the e-book. You can m0ore effortlessly to read this book through your smart phone. The price is not too costly but this book features high quality.

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Bryan Jones:

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