



The Pot and How to Use It: The Mystery and Romance of the Rice Cooker

By Roger Ebert

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In *The Pot and How to Use It*, Roger Ebert—Pulitzer Prize-winning film critic, admitted “competent cook,” and long-time electric rice cooker enthusiast—gives readers a charming, practical guide to this handy and often-overlooked kitchen appliance. While *The Pot and How to Use It* contains numerous and surprisingly varied recipes for electric rice cookers, it is much more than a cookbook. Originating from a blog entry on Roger’s popular Web site, the book also includes readers’ comments and recipes alongside Roger’s own wry insights and observations on why and how we cook. With an introduction by vegetarian cookbook author Anna Thomas and expert assistance from recipe consultant and nutritionist Yvonne Nienstadt, *The Pot and How to Use It* is perfect for fans of Roger’s superb writing, as well as anyone looking to incorporate the convenience and versatility of electric rice cookers into his or her kitchen repertoire. Roger Ebert has been all over the news recently. An in-depth interview in *Esquire* in February 2010 revealed how drastically Ebert’s life has changed since his recovery from life-threatening surgery in which he lost his ability to eat, drink, and talk. He also appeared on *Oprah*, telling even more of his love of life and debuting his computer generated voice, made up of clips from old TV shows and DVD reviews.

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Editorial Review

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America's foremost film critic confesses to obsession with "the pot," an electric rice cooker whose application he's broadened to create his kitchen's most versatile appliance. Ebert caught on early that the rice cooker is the crock pot's virtual twin and can readily duplicate it as a time- and labor-saving appliance. Ebert touts the rice cooker's health benefits by inventorying its friendliness to low-sodium, high protein, reduced-fat cooking. Ebert's blog's many fans have contributed cooker-adapted recipes running the gamut from quotidian boxed macaroni and cheese to spicy beef chili. A few recipes, such as mushroom risotto, call for preliminary action in a skillet before everything gets dumped into the cooker. Scrupulous cooks may find Ebert's expansive use of the rice cooker the gustatory equivalent of watching Lawrence of Arabia on one's iPhone—a lot of the product's flavor and textural detail disappears. --Mark Knoblauch

About the Author

Roger Ebert is the Pulitzer Prize-winning film critic from the *Chicago Sun-Times*. His reviews are syndicated to more than 200 newspapers in the United States and Canada. The American Film Institute and the School of the Art Institute of Chicago have awarded him honorary degrees, and the Online Film Critics Society named his Web site, rogerebert.com, the best online movie-review site.

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From reader reviews:

Kathy Wilson:

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Christopher Levi:

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