



## The Secrets of Magic

*By Bob G. Bodenhamer, L. Michael Hall*

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At the beginning of NLP there was only one model - the meta-model. This book brings the model up to date and expands it considerably from its original beginnings.

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## **Editorial Review**

### About the Author

Michael Hall PhD has authored many ground-breaking works on communication, neuro-linguistics, emotions, and motivation. He is one of the brightest authors on the NLP scene today and is renowned for his integrity and compassion. Dedicated to taking NLP techniques into new and exciting realms of therapy and personal development, he also works as a psychotherapist and trainer in Grand Junction, Colorado.

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When you study and work with the Meta-model, you actually work with a model of profound simplicity. I didn't know that at first. Actually, after I first learned the Meta-model I really didn't think that much about it. Yes, I liked it. But it didn't ring any bells for me. Having studied several of the biblical languages (koine Greek, Hebrew, along with some Latin) and having studied language itself, including Transformational Grammar and General Semantics, my first impression of the Meta-model went, "Yes, I know that stuff; nothing impressive about that."

How amazing that you can hold a magic wand in your hands and not know it!

Then one day I got an attitude adjustment. During my first training with Richard Bandler, I heard Richard say almost in an off-the-cuff manner that everything in NLP, every model, every technique, and every distinction that makes a difference arises from the Meta-model.

"Oh really?"

He further commented that to not know the Meta-model inside out, backwards and forwards, and to understand it as a model of modeling would effectively prevent one from ever becoming truly proficient (let alone a master) with the technologies of magic that NLP has given birth to.

Well that caught my attention. From those statements emerged numerous questions within:

"How can he think that this simple model about language could function that powerfully?

What does he know about the Meta-model that I must have overlooked?

What about the Meta-model informs him that it plays that crucial a role in modeling and human experiences?"

At the point that I asked such questions of myself I didn't know the answers. So I returned to the Meta-model and to The Structure of Magic to discover the secret of magic that so thrilled Richard Bandler.

Later, after I found the secret, I began exploring for more and additional expressions of such "magic." That led me first back to Korzybski and General Semantics, then to cognitive psychology, linguistics, and a multitude of other places. I eventually even wrote my dissertation on the subject of how language works in seemingly "magical" ways (see *Languaging*, 1996). So as I begin this work, let me suggest that you take care not to miss the profound nature of the simplicity of the magic that lies before you in this book. Truly you hold a magic wand in your hands that provides you significant keys to the secret of magic.

## **Users Review**

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