



When Parents Expect Too Much: The Dirty Dozen (Quick Reference Guides)

By Thomas W. Phelan PhD

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Expert parental advice for the behavioral and discipline issues

Sturdy, colorful, and illustrated, this guide series highlights easy-to-learn and effective solutions for the common problem of parents not knowing what to expect from their children's behavior. It describes the 12 erroneous parental expectations that, according to experts, cause the most conflicts among parents and their children. Parents get overly upset when they believe their children's behavior is not only aggravating but also abnormal. This reference guide provides reassurance and behavior management suggestions for a dozen issues, including tantrums, potty training, listening, lying, nap time, and sibling rivalry.

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Editorial Review

About the Author

Thomas W. Phelan, PhD, is a clinical psychologist and a nationally renowned expert on child discipline and attention deficit disorder. He is the author of several bestselling books, including *1-2-3 Magic*, *1-2-3 Magic for Teachers*, *All About Attention Deficit Disorder*, *Surviving Your Adolescents.*, and *Tantrums!* He lives in Glen Ellyn, Illinois.

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