



# A Book of Miracles: Inspiring True Stories of Healing, Gratitude, and Love

By Dr. Bernie S. Siegel

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### Heartwarming and Heart-Opening Stories Gathered from Decades of Medical Practice

Bernie Siegel first wrote about miracles when he was a practicing surgeon and founded Exceptional Cancer Patients, a groundbreaking synthesis of group, individual, dream, and art therapy that provided patients with a “carefrontation.” Compiled during his more than thirty years of practice, speaking, and teaching, the stories in these pages are riveting, warm, and belief expanding. Their subjects include a girl whose baby brother helped her overcome anorexia, a woman whose cancer helped her heal by teaching her to stand up for herself, and a family that was saved from a burning house by bats. Without diminishing the reality of pain and hardship, the stories show real people turning crisis into blessing by responding to adversity in ways that empower and heal. They demonstrate what we are capable of and show us that we can achieve miracles as we confront life’s difficulties.

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*By Dr. Bernie S. Siegel*

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### Review

“As these stories show, love and magic can find us in any situation, no matter how difficult. This warm, uplifting book opens the door to seeing the miracles all around us, every day.”

— **Gerald Jampolsky, MD, author of *Love Is Letting Go of Fear***

“These inspiring true stories reveal the power of spirit in shaping human lives....A must for anyone who considers their situation in life to be hopeless or who is struggling against great odds.”

— **Larry Dossey, MD, author of *Reinventing Medicine***

“A call to take an evolutionary leap not through some kind of automatic unfoldment but by using conscious choice. Love, intelligence, and creativity are seeds waiting to be touched and awakened.”

— **Deepak Chopra, from the foreword**

“Those in pain or doubt will find this book a help, and those who aren’t may need it even more.”

— **Booklist**

### About the Author

**Dr. Bernie S. Siegel**, a sought-after speaker and media presence, is the author of many bestselling books, including *The Art of Healing*; *Peace, Love, and Healing*; *365 Prescriptions for the Soul*; and the blockbuster *Love, Medicine & Miracles*. He lives in Woodbridge, Connecticut.

Bestselling author and speaker **Deepak Chopra** is the founder of the Chopra Center. He lives in San Diego, CA.

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