



## Helping Men Recover, Community Version Set

By *Stephanie S. Covington, Dan Griffin, Rick Dauer*

[Download now](#)

[Read Online](#) 

**Helping Men Recover, Community Version Set** By *Stephanie S. Covington, Dan Griffin, Rick Dauer*

Helping Men Recover is the first gender-responsive, trauma-informed treatment program for men. The materials, based on the widely used, evidence-based women's curriculum, Helping Women Recover, are grounded in research, theory, and clinical practice. Included in this package are a facilitator's guide and a participant's workbook.

These materials are an ideal resource for drug and alcohol counselors, mental health professionals, and program administrators for outpatient, residential, and community-based treatment centers. Helping Men Recover is presented in an eighteen-session format. The facilitator's guide offers a step-by-step manual that contains the theory, structure, and content needed to run effective groups. The participant's workbook is designed so that men can process, record, and refer back to their therapeutic experience.

The program model is organized into four modules: self, relationships, sexuality, and spirituality. These are the four areas that recovering men have identified as triggers for relapse and as necessary for growth and healing. In addition, all the materials are designed to be user-friendly and self-instructive.

### Praise for Helping Men Recover

"I have been inspired by reading your curriculum Helping Men Recover. Too often men are taught not to show emotion or share feelings. The way you present the material will help men from all walks of life find their way through the recovery process, while exploring their spirituality, emotions, and relationships with strength and courage. White Bison, the Wellbriety Movement, and I fully support this program. Thanks for your work in helping other men recover."—Don Coyhis, president, White Bison, Inc.

"A superb work that fully understands and articulates the unique challenges faced by men in recovery from alcohol and drug abuse. Dr. Covington, a true pioneer in gender-responsive approaches, and her colleagues offer a powerful set of resources for this work. The model's emphases on trauma and on spirituality are

especially welcome, giving this material a timely, strengths-based orientation."—Roger D. Fallot, PhD, Community Connections, Washington, DC

Stephanie S. Covington, PhD, LCSW, is a clinician, author, and organizational consultant. She is a pioneer in the design and implementation of gender-responsive treatment services for women in public, private, and institutional settings. She is the author of *Helping Women Recover*.

Dan Griffin, MA, has worked in a variety of areas in the mental health and addictions fields, including research, case management, public advocacy, teaching, and counseling, and in the drug court field in Minnesota and nationally for the past eight years. He is the recipient of the first Hazelden fellowship.

Rick Dauer, LADC, is the clinical director at River Ridge Treatment Center in Burnsville, Minnesota. He is a professional in the field of chemical dependence and has extensive experience in residential, outpatient, and corrections-based treatment programs.



[Download Helping Men Recover, Community Version Set ...pdf](#)



[Read Online Helping Men Recover, Community Version Set ...pdf](#)

# **Helping Men Recover, Community Version Set**

*By Stephanie S. Covington, Dan Griffin, Rick Dauer*

## **Helping Men Recover, Community Version Set** By Stephanie S. Covington, Dan Griffin, Rick Dauer

Helping Men Recover is the first gender-responsive, trauma-informed treatment program for men. The materials, based on the widely used, evidence-based women's curriculum, Helping Women Recover, are grounded in research, theory, and clinical practice. Included in this package are a facilitator's guide and a participant's workbook.

These materials are an ideal resource for drug and alcohol counselors, mental health professionals, and program administrators for outpatient, residential, and community-based treatment centers. Helping Men Recover is presented in an eighteen-session format. The facilitator's guide offers a step-by-step manual that contains the theory, structure, and content needed to run effective groups. The participant's workbook is designed so that men can process, record, and refer back to their therapeutic experience.

The program model is organized into four modules: self, relationships, sexuality, and spirituality. These are the four areas that recovering men have identified as triggers for relapse and as necessary for growth and healing. In addition, all the materials are designed to be user-friendly and self-instructive.

### **Praise for Helping Men Recover**

"I have been inspired by reading your curriculum Helping Men Recover. Too often men are taught not to show emotion or share feelings. The way you present the material will help men from all walks of life find their way through the recovery process, while exploring their spirituality, emotions, and relationships with strength and courage. White Bison, the Wellbriety Movement, and I fully support this program. Thanks for your work in helping other men recover."—Don Coyhis, president, White Bison, Inc.

"A superb work that fully understands and articulates the unique challenges faced by men in recovery from alcohol and drug abuse. Dr. Covington, a true pioneer in gender-responsive approaches, and her colleagues offer a powerful set of resources for this work. The model's emphases on trauma and on spirituality are especially welcome, giving this material a timely, strengths-based orientation."—Roger D. Fallot, PhD, Community Connections, Washington, DC

Stephanie S. Covington, PhD, LCSW, is a clinician, author, and organizational consultant. She is a pioneer in the design and implementation of gender-responsive treatment services for women in public, private, and institutional settings. She is the author of *Helping Women Recover*.

Dan Griffin, MA, has worked in a variety of areas in the mental health and addictions fields, including research, case management, public advocacy, teaching, and counseling, and in the drug court field in Minnesota and nationally for the past eight years. He is the recipient of the first Hazelden fellowship.

Rick Dauer, LADC, is the clinical director at River Ridge Treatment Center in Burnsville, Minnesota. He is a professional in the field of chemical dependence and has extensive experience in residential, outpatient, and corrections-based treatment programs.

**Helping Men Recover, Community Version Set By Stephanie S. Covington, Dan Griffin, Rick Dauer  
Bibliography**

- Rank: #1232578 in Books
- Published on: 2011-01-18
- Original language: English
- Number of items: 1
- Dimensions: 12.20" h x 4.22" w x 11.60" l, 6.83 pounds
- Binding: Loose Leaf
- 300 pages



[Download](#) Helping Men Recover, Community Version Set ...pdf



[Read Online](#) Helping Men Recover, Community Version Set ...pdf

**Download and Read Free Online Helping Men Recover, Community Version Set By Stephanie S. Covington, Dan Griffin, Rick Dauer**

---

## **Editorial Review**

### **Users Review**

#### **From reader reviews:**

##### **Dorothy Wild:**

It is possible to spend your free time to see this book this publication. This Helping Men Recover, Community Version Set is simple to create you can read it in the playground, in the beach, train in addition to soon. If you did not have much space to bring the particular printed book, you can buy often the e-book. It is make you simpler to read it. You can save typically the book in your smart phone. Thus there are a lot of benefits that you will get when you buy this book.

##### **Dorothy Guillen:**

This Helping Men Recover, Community Version Set is brand-new way for you who has attention to look for some information as it relief your hunger of knowledge. Getting deeper you in it getting knowledge more you know otherwise you who still having tiny amount of digest in reading this Helping Men Recover, Community Version Set can be the light food to suit your needs because the information inside this kind of book is easy to get by anyone. These books develop itself in the form that is certainly reachable by anyone, sure I mean in the e-book contact form. People who think that in book form make them feel drowsy even dizzy this reserve is the answer. So there is absolutely no in reading a e-book especially this one. You can find actually looking for. It should be here for you actually. So , don't miss that! Just read this e-book kind for your better life in addition to knowledge.

##### **Leonard White:**

Don't be worry in case you are afraid that this book will probably filled the space in your house, you will get it in e-book approach, more simple and reachable. This specific Helping Men Recover, Community Version Set can give you a lot of friends because by you considering this one book you have issue that they don't and make you actually more like an interesting person. This specific book can be one of one step for you to get success. This reserve offer you information that perhaps your friend doesn't recognize, by knowing more than additional make you to be great persons. So , why hesitate? We need to have Helping Men Recover, Community Version Set.

##### **Fran Short:**

Reading a reserve make you to get more knowledge from the jawhorse. You can take knowledge and information from the book. Book is written or printed or highlighted from each source which filled update of news. On this modern era like currently, many ways to get information are available for you actually. From

media social just like newspaper, magazines, science reserve, encyclopedia, reference book, new and comic. You can add your knowledge by that book. Isn't it time to spend your spare time to spread out your book? Or just in search of the **Helping Men Recover, Community Version Set** when you required it?

**Download and Read Online *Helping Men Recover, Community Version Set* By *Stephanie S. Covington, Dan Griffin, Rick Dauer***  
**#LSFHWC0N46O**

# **Read Helping Men Recover, Community Version Set By Stephanie S. Covington, Dan Griffin, Rick Dauer for online ebook**

Helping Men Recover, Community Version Set By Stephanie S. Covington, Dan Griffin, Rick Dauer Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Helping Men Recover, Community Version Set By Stephanie S. Covington, Dan Griffin, Rick Dauer books to read online.

## **Online Helping Men Recover, Community Version Set By Stephanie S. Covington, Dan Griffin, Rick Dauer ebook PDF download**

**Helping Men Recover, Community Version Set By Stephanie S. Covington, Dan Griffin, Rick Dauer Doc**

**Helping Men Recover, Community Version Set By Stephanie S. Covington, Dan Griffin, Rick Dauer Mobipocket**

**Helping Men Recover, Community Version Set By Stephanie S. Covington, Dan Griffin, Rick Dauer EPub**

**LSFHWC0N46O: Helping Men Recover, Community Version Set By Stephanie S. Covington, Dan Griffin, Rick Dauer**