



The Art of Unarmed Stage Combat

By Robert Najarian

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The Art of Unarmed Stage Combat is your guide to the principles and techniques of theatrical violence, combining detailed discussions of the mechanics of stage fighting with the nuances of acting decisions to make fighting styles reflect character and story. Expert Fight Director Robert Najarian offers never-before-published games and exercises that will allow you to develop the skills and concepts for performing violence for stage and screen. This title utilizes a unique system of training techniques that result in stage violence that is both physically engaging for you as a performer, while remaining viscerally engaging for the audience.

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Editorial Review

About the Author

Robert Najarian is an actor, instructor, and fight director hailing from the East Coast, currently an Assistant Professor of Theatre at the University of Michigan, Ann Arbor. He has taught at movement and stage combat workshops, such as the National Stage Combat Workshop at North Carolina School of the Arts, The Winter Wonderland Workshop in Chicago, IL, and The Paddy Crean Workshop at the Banff Center in Alberta, Canada. As a fight director, Najarian has staged the violence for more than 100 productions for stage and film. Fight direction credits include *Carmen* and *Macbeth* with Boston Lyric Opera, *As You Like It* with Commonwealth Shakespeare Company, *Don Quixote* with Boston Ballet, *Johnny Baseball* with American Repertory Theatre, *The Lieutenant of Inishmore* and *The Kite Runner* with New Repertory Theatre, and *She Kills Monsters* with Company One. Najarian is a Fight Director and Certified Teacher with the Society of American Fight Directors and a member of Actors' Equity Association and SAG-AFTRA.

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