



# The Omnivore's Dilemma: Young Readers Edition

By Michael Pollan

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**The Omnivore's Dilemma: Young Readers Edition** By Michael Pollan

***The New York Times* bestseller that's changing America's diet is now perfect for younger readers**

“What’s for dinner?” seemed like a simple question—until journalist and supermarket detective Michael Pollan delved behind the scenes. From fast food and big organic to small farms and old-fashioned hunting and gathering, this young readers’ adaptation of Pollan’s famous food-chain exploration encourages kids to consider the personal and global health implications of their food choices.

In a smart, compelling format with updated facts, plenty of photos, graphs, and visuals, as well as a new afterword and backmatter, *The Omnivore’s Dilemma* serves up a bold message to the generation that needs it most: It’s time to take charge of our national eating habits—and it starts with you.

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**The Omnivore's Dilemma: Young Readers Edition** By Michael Pollan Bibliography

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### Editorial Review

From School Library Journal

Grade 7 Up—Based on Pollan's best-selling adult book of the same title, this (slightly) shortened version will appeal to thoughtful, socially responsible teens. The book is divided into four sections: "The Industrial Meal" (exemplified by the fact that only two companies, Cargill and ADM, buy nearly a third of all the corn grown in the U.S.); "The Industrial Organic Meal" (covering most of what's found in stores like Whole Foods); "Local Sustainable" (small farms typically based on grass, not corn); and what he calls the "Do-It-Yourself Meal" (where he hunts a wild pig and gathers wild mushrooms). Pollan has done an amazing amount of research, both of the typical kind (there are 16 pages of footnotes) and the more personal kind. His own research includes slaughtering a chicken himself and eating a fast-food meal in a moving car with his family. He explains complicated issues clearly, offers compelling evidence of the environmental damage done by what he calls the industrial meal, and urges readers not to look away from animal-welfare issues: "We can only decide if we know the truth." An afterword, "Vote with Your Fork," recommends simple actions that will improve the health of our bodies, our society, and our planet.—*Lauralyn Persson, Wilmette Public Library, IL* END

### Review

"Not every volume will change a reader's life, but this one just might...lively writing rooted in fascinating examples make this accessible and interesting." --*Kirkus*

"[W]ill appeal to thoughtful, socially responsible teens." --*School Library Journal*

"[T]his book uses a recipe of science, history, and humor to create an edifying yet entertaining story." --*Horn Book*

"Young readers--and older ones, too--will find their thinking about food forever changed." --*VOYA*

### About the Author

**Michael Pollan** is the author, most recently, of the #1 *New York Times* bestseller *In Defense of Food: An Eater's Manifesto*. He has written four other award-winning books, is a contributing writer to *The New York Times Magazine*, and has received numerous honors for his journalism.

### Users Review

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#### Catherine Walters:

Here thing why this specific The Omnivore's Dilemma: Young Readers Edition are different and trusted to be yours. First of all examining a book is good nonetheless it depends in the content from it which is the content is as scrumptious as food or not. The Omnivore's Dilemma: Young Readers Edition giving you information deeper as different ways, you can find any guide out there but there is no book that similar with The Omnivore's Dilemma: Young Readers Edition. It gives you thrill examining journey, its open up your personal eyes about the thing that happened in the world which is probably can be happened around you. You can easily bring everywhere like in playground, café, or even in your means home by train. When you

are having difficulties in bringing the published book maybe the form of The Omnivore's Dilemma: Young Readers Edition in e-book can be your alternative.

**Betty Casas:**

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**Christopher Burnham:**

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**Debra Daniel:**

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